# Service Intervals

Performing the right maintenance on your SRAM and RockShox products not only ensures years of worry-free riding, but will also keep performance optimal and enhance your experience on the bike. Each service interval indicates the maximum number of riding hours designated for each type of recommended maintenance. Depending on the terrain and environmental conditions in your location, your riding style and skill level, you may see more optimum performance if you service your SRAM and RockShox products at shorter intervals.

## RockShox Forks

<table>
<thead>
<tr>
<th>HOURS</th>
<th>Service for:</th>
</tr>
</thead>
<tbody>
<tr>
<td>50</td>
<td>Lower Leg</td>
</tr>
<tr>
<td>100</td>
<td>Damper and Spring</td>
</tr>
<tr>
<td>200</td>
<td>Complete Seatpost</td>
</tr>
<tr>
<td>400</td>
<td>Complete Seatpost</td>
</tr>
<tr>
<td>600</td>
<td>Complete Seatpost</td>
</tr>
<tr>
<td>365</td>
<td>System bleed</td>
</tr>
</tbody>
</table>

- New products

### RockShox Forks

- **Lower Leg Service for:**
  - Paragon
  - Rudy™ XPLR™
  - XC™ 28
  - XC 30
  - Judy™
  - Sektor™
  - 35™
  - Bluto™
  - REBA®
  - SID™
  - RS-1™
  - Revelation™
  - PIKE™
  - Lyrik™
  - Yari™
  - Domain™
  - ZEB™
  - BoXXer®

- **Damper and Spring Service for:**
  - Paragon
  - XC 28
  - XC 30
  - 30 (2015 and earlier)
  - Recon (2015 and earlier)
  - Sektor (2015 and earlier)
  - Bluto (2016 and earlier)
  - Revelation (2017 and earlier)
  - REBA (2016 and earlier)
  - SID (2018 and earlier)
  - RS-1 (2017 and earlier)
  - BoXXer (2016 and earlier)

- **Rear Shocks**

  - **Air Can Service:**
    - Monarch™
    - Monarch Plus™
    - Deluxe™
    - Super Deluxe™
    - Vivid™
    - Vivid Air™
  - **Remote Lever Bleed and/or Lower Post Service for:**
    - Reverb® A1/A2/B1
    - Reverb Stealth A1/A2/B1/C1
    - Reverb AXS A1
  - **Upper Post Service for:**
    - Reverb AXS XPLR A1™

- **Sealed Head and Piston Service for:**
  - Reverb AXS XPLR A1™

### RockShox Seattposts

- **Remote Lever Bleed and/or Lower Post Service for:**
  - Reverb B1
  - Reverb Stealth B1/C1
  - Reverb AXS A1

- **Complete Seatpost Service for:**
  - Reverb A1/A2
  - Reverb Stealth A1/A2

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*Note: Hourly service intervals may vary based on product, model year, and available service kit(s). Refer to the RockShox Spare Parts Catalog and product service guides available at www.sram.com/service for more information.*